

Medical exception for ADHD stimulants require more documentation beginning 2009-2010 season

The student-athlete's documentation from the prescribing physician to the athletic training department staff should contain a minimum of the following information to help ensure that ADHD has been diagnosed and is being managed appropriately.

- Description of the evaluation process which identifies the assessment tools and procedures (See attached)
- Statement of the diagnosis, including when it was confirmed
- History of ADHD treatment (previous/ongoing)
- Statement that a non-banned ADHD alternative has been *considered* if a stimulant is currently prescribed.
- Statement regarding follow-up and monitoring visits
- Copy of the most recent prescription